

RELATIONSHIPS 101

Course Description/Objectives:

We will discover what it means to put on the “new self”; how to build unity within the body and to grow and build up the body and each other; and will examine the keys to developing great personal relationships.

Assigned Text:

Ephesians 4:25 – 5:2

Course Outline:

Following are the keys to achieving the course objectives:

<u>Verse(s)</u>	<u>What to Avoid</u>	<u>What to Do</u>
4:25	Falsehood	Speak Truthfully
4:26-27	Unrighteous Anger	Self-control
4:28	Stealing	Work & Share
4:29	Unwholesome Talk	Edifying Talk
4:30	Grieving the Holy Spirit	Controlled by Spirit
4:31-32	Negative emotions/Behaviors (bitterness, rage, anger, brawling, slander, malice)	Positive behaviors (kind, compassionate, forgiving)
5:1-2	Lack of Love	Christ-like Love*

* Modeled by Christ and explained in the Parable of the Good Samaritan. Attributes include Compassion, Choice, Unconditional, Action, Meeting Needs & Sacrificial.